



# **Safe Medication Disposal**

Prescription medication plays an important role in treating certain conditions. Unused or expired medications should be properly disposed of to avoid harm. For example, pain medication (opioids) can be very effective for treating pain, but prolonged use or misuse can lead to addiction, accidental poisoning or overdose.





Of older adults (ages 57 to 85 years) use at least one prescription medication daily<sup>1</sup>



#### 16 million

Americans aged 12 or older misuse prescriptions in a year<sup>1</sup>



629

Of teens report misusing prescription medications because they can access them from their parent's medicine cabinets<sup>1</sup>

### Proper disposal of unused medications saves lives.

## **CLAYTON COUNTY**

#### Safe Home Disposal

Medication disposal packets are available at your local pharmacy to support safe disposal of unused medications at home. Scan the QR codes for instructional videos.

#### DisposeRx®

- 1) Remove prescription label, open bottle and fill 2/3 with water.
- 2) Empty packet of DisposeRx® into the bottle, replace cap.
- 3) Shake for 30 seconds then throw bottle in trash.



https://disposerx.com/page/5/product-and-program#video (Link)

#### **Deterra** ® **Drug Deactivation System**

- 1) Pour medication in Deterra ® pouch and fill 1/2 with water.
- 2) Wait 30 seconds, seal, shake and dispose in trash.



 $\underline{\text{https://deterrasystem.com/resources/videos/}} \hspace{0.2cm} \text{(Link)}$ 

### **Drop-Off Locations**

You can safely dispose of unused or expired medications locally at one of the permanent drug disposal drop-off locations below.

+ Clayton Drug 135 N Main St Elkader, IA 52043 563-245-2530

+ Hartig Drug Co #30

200 Main St Ste 1 Guttenberg, IA 52052 563-329-1471 McGregor Pharmacy

230 Main St McGregor, IA 52157 563-873-3781

NuCara Pharmacy #40

118 W Center St Monona, IA 52159 563-539-2348 + Clayton County Sheriff's Office

22680 230th St St. Olaf, IA 52072 563-245-2422

Clayton Drug –
Strawberry Point

104 W Mission St Strawberry Point, IA 52076 563-933-4762